



Tina's Market Menu

Grab N Go Lunches:

Greek Chicken Salad with Mixed Greens
Tina's Market Snack Packs
Meat Lunchables and PB&J Lunchables

Snacks and Sides:

Avgolemono Soup
Spanakopita (Spinach pies)
Fasolakia (Greek Green Beans)
Greek Chicken Salad or Tuna Salad in Cups or Pints
Mixed Green Salad w/ Creamy Greek Dressing
Caramelized Onion Dip
Fire Crackers and Fire Chex Mix
Protein Balls: Salted Chocolate Tahini or Chunky PB Chip

Take-Home Meals:

Meat Lasagna (Regular or GF)
Eggplant Parmesan
Shrimp FETaccine
Pastichio (Greek Lasagna)
Greek Chicken and Rice
Brunch Pitas (Conecuh Sausage, Eggs, and Cheeses)

Desserts:

The Breakup Cookie
Strawberry Bars
Rice Krispy Treats

Extras:

Locally Farmed Fresh Flowers
Ice Cream, Popsicles, Candies, and Chips
OG Cinnamon Rolls by Rolls Bakery
Tamburello's Italian Sausage
Dryft Coffee Oatmilk Lattes